



In the name of Allah, the Beneficent, the Merciful

..... **The HOPE Bulletin**

Health, Ongoing Projects, Education



June 2007

AAIIL Worldwide Edition

Editor: Akbar Abdullah

CALIFORNIA JAMA'AT PROJECT: APPROVED BY THE CENTRAL ANJUMAN, LAHORE

INTRODUCTION

Alhamdulillah! All praise is due to Allah (and Allah alone). This issue, the June 2007 edition of *The HOPE Bulletin*, will mark the end of the first year of publication. Despite a low budget, our *HOPE Bulletin* Team worked hard against overwhelming odds to ensure the presentation of monthly issues for the reading pleasure and information of our readers throughout the world. *Jazak Allah!*

Besides our regular monthly issues, we produced a number of memorable supplements, notably tributes to the late Begum Razia Madad Ali and Maulana Al-Hajj Abdul Rahim Jaggoe, and dozens of Special International Editions. The prompt call for prayers for our *Jama'at* members in affliction and obituary announcements were given priority, and, *Inshaa Allah*, we will continue to devote our full attention to this feature.

One of the tasks we successfully implemented was to give current coverage pertaining to Hazrat Ameer's *Jama'at* activities during his foreign travels. This aspect of our publication will, *Inshaa Allah*, take precedent over other *Bulletin* sections (except the prayer requests) so that our global *Jama'ats*, including the Centre at Lahore, are apprised of Hazrat Ameer's involvement with the *Jama'ats'* activities.

Inshaa Allah, we shall strictly adhere to the guidelines, which were first enunciated in the December 2006 edition, in the publication of *The HOPE Bulletin*. These policies will be re-published in our first anniversary edition next month.

We strongly feel that we have succeeded in furthering the importance of the worldwide *Jama'ats* to know one another better through the dissemination of *Jama'at* news as well as with the news of Hazrat Ameer-i-Qaum's activities abroad and at the Centre.

During the course of the year we juggled the various sections of *The HOPE Bulletin* to make the *Bulletin* more reader-friendly. We appreciate all the comments and suggestions we have received so far and encourage more readers to write to us.

In the coming months we would like to expand our readership. During the convention in Sydney, Australia, Hazrat Ameer learned that not every *Jama'at* member who has internet access is on the *Bulletin's* mailing list. It is disappointing to the *Bulletin* Team that after putting great effort to produce this informative journal that many members do not have access to our material. We thank Allah that some alert members in our worldwide *Jama'ats* have provided us with the names of readers and we applaud their effort. May Allah bless them. We kindly request you to send us the names and e-mail addresses of members who are not already receiving this publication.

May Allah with His bountiful mercy and graceful blessings protect you from any harm and embrace you under His care at all times. *Aameen. Allah-o-Akbar!*

JAMA 'AT NEWS

Hazrat Ameer's visit to Spain

Europe is now hungry to learn the truth about the mission of Jesus Christ. Nowadays, frequent interfaith gatherings take place to voice the different religious beliefs about the life and mission of Jesus. Hazrat Ameer intends to take full advantage by attending such gatherings to propagate the Ahmadiyya point of view on the truth and mission of Jesus, citing quotations from the Holy Qur'an and the Bible and basically from the truth about Jesus as promulgated by Hazrat Mirza Sahib.

Through arrangements made by A.S. Abdul Santoe, Europe's Regional Representative of Central Anjuman, Hazrat Ameer attended a religious conference held in Madrid, Spain during the third weekend of June. A detailed report of speeches, discussions, deliberations and other programme activities of Hazrat Ameer and his accompanying delegates (that included A.S. Abdul Santoe and his son Jerrel) along with photographs taken on this occasion will follow soon in a separate report, *Insha Allah*. Preliminary reports indicate that the conference was successful. *Alhamdulillah!*

The theme of the two-day conference was "View of different religious perspective on the life and mission of Jesus Christ according to their Scriptures and beliefs." Speeches were delivered by a number of presenters with faith in Islam, Christianity, Judaism, Hinduism, the Orthodox Church, Catholic Church, and the Unitarian Church. The view on Jesus Christ from the Ahmadiyya Muslim perspective was presented by Hazrat Ameer. Hazrat Ameer, Br. Santoe and Jerrel Santoe were the three Ahmadis amongst the other Muslim representatives of over a dozen countries.

Spiritual meetings were held on each of the morning sessions of the two-day conference. On the first day Hazrat Ameer conducted a *dars* on *Surah Fatiha* and on the second day a *dars* was delivered by him on the second *rukuh* of the *surah The Apartment*. Hazrat Ameer, Br. Santoe and Jerrel actively participated in all discussions held during the conference.

Hazrat Ameer's roommate was a Slovakian Christian Evangelist who was very interested in Islam. Hazrat Ameer explained to him the significance of prayer in Islam and in one of the prayers the former joined in the congregation performing *salah*. *JazakAllah!*

Report from Shabir Buksh, AAII, New Zealand

Our monthly meeting and Masih Mauood Day were celebrated on 26th May at the residence of Adil Hussein. I spoke on Hazrat Mirza Ghulam Ahmed. Parvez Akbar spoke on *taqdir*. There were 25 people present.

We are in the process of buying graveyard sites. As you know, we can't be buried with other Muslims.

The next *dars* will be held on 30 June.

Wedding in New Zealand

The members of *The HOPE Bulletin* Team congratulate Br. Shabir Buksh, son of Br. Hanif Buksh and first cousin of Br. Abid Raza of New Zealand and brothers Mehboob Raza and Hafiz Raza of Fiji, who was married on June 9, 2007 to Miss Shabana Bashir. May Allah (*swt*) bless the couple to lead a happy married life full of bliss, prosperity and with spiritual awareness. *Aameen*. We also congratulate the parents and especially the Raza family on this very happy and sacred bond of the loving couple.

Oakland, California Jama'at schedules "Great Dua"

The spokesperson of AAII, Oakland, California requested the following publication in *The HOPE Bulletin*:

"We are having our yearly "Great Dua" on July 28 2007. If any member of the *Jamaat* wishes to add the name/s of their *marhoom* and *marhooma* in our "Great Dua", please send the name/s through email at www.garlofallah@aol.com. Also, if anybody wants to give *sadaka jariyya* on behalf of their *marhoom* and *marhooma*, then please send the money order to Ahmadiyya Anjuman Ishaat-i-Islam, 25102 Belmont Avenue, Oakland, California, U.S.A."

Secretary UK Jama'at's Report

- 1: Although the online bookshop opened its doors last Friday, Hazrat Amir launched it this Friday, June 22, 2007.
- 2: The UK *Jamaat* is to hold an international convention in 2009. The exact date will be announced shortly.
- 3: Dr Zahid Aziz's book, *Islam a Religion of Tolerance*, is a UK *jamaat* project. The UK *jamaat* will decide in conjunction with the Centre about its publication and printing and translations. This book is protected against any copyrights infringements.

Mention of Paramaribo Mosque – circulated by Lahore Ahmadees

"... most of Suriname's Muslim population is proudly moderate. The beautiful Ahmadiyya Anjuman Ishaat Islam mosque in Paramaribo stands proudly next to a synagogue representing one of South America's oldest Jewish communities. These two structures standing side-by-side demonstrate the tolerance Suriname is known for."

Read the rest of the article at

http://www.virtualtourist.com/travel/South_America/Suriname/Distrik_Paramaribo/Paramaribo-1623495/Things_To_Do-Paramaribo-BR-1.html#8

PUBLICATIONS

The Ahmadiyya Anjuman Lahore Publications U.K. has become a partner of Google and has so far published two books online at books.google.com.

They are: *Islam, Peace and Tolerance* by Dr. Zahid Aziz and *Allah, the Unique Name of God* by Maulana Abdul Haq Vidyarthi.

To access these books, you can use the direct links below:

[Islam, Peace and Tolerance](#)

[Allah, the Unique Name of God](#)

You can also visit <http://books.google.com> and search by the ISBN of these books. Type exactly for following strings in the search box. For the first book use: **isbn:9781906109004** and for the second book use **isbn:9781906109011**

Due to the length of the above links, you may not have received them correctly as "live links" when you read this e-mail. In this case we advise that you visit <http://books.google.com> and search by the ISBN of these books. Type exactly for following strings in the search box. For the first book use: **isbn:9781906109004** and for the second book use **isbn: 9781906109011**

PRAYER & HEALTH NEWS

Vander Hoven, a psychologist from the Netherlands, announced his discovery about the effect of reading the Qur'an and repeating the word *ALLAH* both on patients and on normal persons.

The Dutch professor confirms his discovery with studies and research applied on many patients over a period of three years. Some of his patients were non-Muslims while others do not speak Arabic and were trained to pronounce the word "ALLAH" clearly. The result was great, particularly on those who suffer from dejection and tension.

Al Watan, a Saudi daily, reported that the psychologist was quoted as saying that Muslims who can read Arabic and who read the Qur'an regularly could protect themselves from psychological diseases. The psychologist explained how each letter in the word "ALLAH" affects healing of psychological diseases.

He pointed out in his research that pronouncing the first letter in the word "ALLAH" (which is the letter A), when released from the respiratory system, controls breathing. He added that pronouncing the velar consonant (L) in the Arabic way, with the tongue touching slightly the upper part of the jaw producing a short pause and then repeating the same pause constantly, relaxes the respiration. Also, pronouncing the

last letter, which is the letter H, makes a contact between the lungs and the heart and in turn this contact controls the heartbeat.

What is exciting in the study is that this psychologist is a non-Muslim, but is interested in Islamic sciences and is searching for the secrets of the Holy Qur'an.

A POEM

My dream of our Prophet by Bushra Ahmed, United Kingdom [courtesy *The Light*, UK Edition]

On the birthday of the Prophet,
My eyes opened and we met.
I asked him, "Who are you?"
He replied, "I am your *Rasool*."

He continued, "Are you ready for the Hereafter?
Are you really ready to meet your Master?
You suffer a lot I know but you are not frail,
Though I still wish I could stop your pain.

You must struggle,
It's a constant battle.
Do good, be good,
I did, as much as I could.

If you keep fighting *iblis*,
You will be rewarded with bliss.
The garden is yours forever,
The bushes, the trees, the hedges,"

Then he made his exit and to Allah he returned,
I cried a river and my stomach churned,
I reached for him in my sleep,
I did not realize and began to weep.

It is by his example we will benefit,
That is the greatest reward and gift.
May he rest in everlasting peace,
May we follow him complete.

He is with us all,
He saves our soul.
Please remember him especially on this day,
From the straight path we must never stray.

WHAT OUR READERS SAY

Jalal Ud Dean, Suva, Fiji Islands

Thank you for that sterling work you've done on the late Maulana Joggoe. That was just excellent. When people do wonders for Allah, He always rewards people in this world and as exemplary for others to follow. Circulation of the special Tribute Supplement is one such example to the world.

Fauqia Aziz, United Kingdom

Jazak Allah for the news. It is so good to get up to date news of the conference and the pictures; it really makes you feel part of it.

Nur Jahan Alam, Sydney, Australia

Please convey our *salaam, dua* and well wishes to Br Jameel-ur -Rahman for a speedy recovery. *Ameen.*

Abid Raza, President, AAII, New Zealand

We wish our beloved Hazrat Ameer Sahib and Begum Sahiba that their proposed journey to the European Regional Conference be rewarding and be free from any injury and ill health. Our prayers are also for the rest of the delegation who will join our Ameer Sahib. *Ameen.* ...

Our global members are reminded to continue with their prayer vigil for the ailing members who are in need of divine assistance for their *shifa*. *Ameen.* ...

SIV wedding. Our felicitation to the newlyweds, Br Anwar, the bride Farina, and pray that their life be complete and full of happiness and may the new bond with the Ghafoerkhans and Ilaahibaks be fruitful both as families and the *Jama'at*. *Ameen.*

Zainal Abideen, California, USA

Thank you for your tireless and selfless efforts on your hard work to provide us updates to information about the *Jamaat* consistently. I appreciate it very much. May Allah shower you with His choicest blessings.

Mansoor Baksh, Missionary, Guyana

Thank you for keeping us in communication with what is happening in the Ahmadee world. May Allah bless you and all the other members of the *HOPE* team who help to keep us united.

Fauqia Aziz, United Kingdom

It was very moving to read the tribute special for the late Haji Yahya Keeskamp. I had met him when he got married to Sister Attya at Dar us Salam. I had the pleasure of meeting him again in Holland when we were there a few years back. Attya had just got back after *Haj* and she gave us dates from Mecca.

He was a very inspiring man and I feel a privilege to know him. May he rest in peace and be among the choicest people in heaven. Thanks again for enabling us to read about his tribute. *Jazak Allah.*

Capt. Abdus Salam Khan

Congratulations on putting together such a wonderful issue to commemorate Jaggoo Sahib. Kudos to the *HOPE* team.

LESSON OF THE DAY

A man found a cocoon of a butterfly. One day a small opening appeared. He sat and watched the butterfly for several hours as it struggled to force its body through that little hole. Then it seemed to stop making any progress. It appeared as if it had gotten as far as it could, and it could go no further.

So the man decided to help the butterfly. He took a pair of scissors and snipped off the remaining bit of the cocoon. The butterfly then emerged easily. But it had a swollen body and small, shrivelled wings.

The man continued to watch the butterfly because he expected that, at any moment, the wings would enlarge and expand to be able to support the body, which would contract in time. Neither happened! In fact, the butterfly spent the rest of its life crawling around with a swollen body and shrivelled wings. It never was able to fly.

What the man, in his kindness and haste, did not understand was that the restricting cocoon and the struggle required for the butterfly to get through the tiny opening were Allah's way of forcing fluid from the body of the butterfly into its wings so that it would be ready for flight once it achieved its freedom from the cocoon.

Sometimes struggles are exactly what we need in our lives. If Allah allowed us to go through our lives without any obstacles, it would cripple us. We would not be as strong as what we could have been. We could never "fly"!

I asked for Strength.....And Allah gave me Difficulties to make me strong.

I asked for Wisdom.....And Allah gave me Problems to solve.

I asked for Prosperity.....And Allah gave me Brain and Brawn to work.

I asked for Courage.....And Allah gave me Danger to overcome,
I asked for Love.....And Allah gave me Troubled people to help.

I asked for Favours.....And Allah gave me Opportunities.

I received nothing I wantedI received everything I needed!

"So blessed be Allah, the best of creators!" (23:14).

A Story of Faith: GOD EXISTS

A man went to a barbershop to have his hair and his beard cut as always. He started to have a good conversation with the barber who attended him. They talked about many things on various subjects. Then they touched the subject of God. The barber said: "Look man, I don't believe that God exists as you say."

"Why do you say that?" asked the client.

"Well, it's so easy; you just have to go out in the street to realise that God does not exist. Oh, tell me, if God existed, would there be so many sick people? Would there be abandoned children? If God existed, there would be neither suffering nor pain. I can't think of a God who permits all of these things." The client stopped for a moment thinking but he didn't want to respond to avoid an argument.

The barber finished his job and the client went out of the shop. Just after he left the barbershop, he saw a man in the street with a long hair and beard (it seems that it had been a long time since he had had his cut and he looked untidy). Then the client again entered the barbershop and he said to the barber: "Know what? Barbers do not exist."

"How come they don't exist?" asked the barber. "I am here and I am a barber."

"No!" the client exclaimed. "They don't exist because if they did there would be no people with long hair and beard like that man who walks in the street."

"Ah, barbers do exist. What happens is that people do not come to me."

"Exactly!" affirmed the client. "That's the point. God does exist. What happens is people don't go to Him and do not look for Him; that's why there's so much pain and suffering in the world."

HOPE MEMBER SERVICE

Recipe of the Month

Spicy Meat-filled Omelette

Ingredients

- 8 almonds
- 1 tsp ground coriander
- 2 tbsp oil
- 1 tsp salt
- 2 spring onions, chopped
- ½ tsp ground turmeric
- 2-3 tbsp coconut milk
- 3 garlic cloves, crushed
- 8 oz minced beef
- ½ celery stick, finely chopped

Omelette

- 4 eggs, beaten with 4 tbsp water
- salt and freshly ground black pepper
- oil for frying
- salad and celery leaves to serve

Method of Preparation

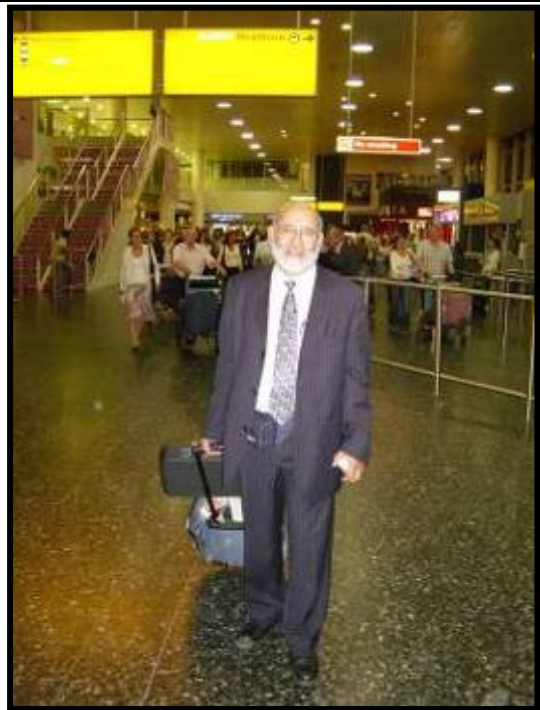
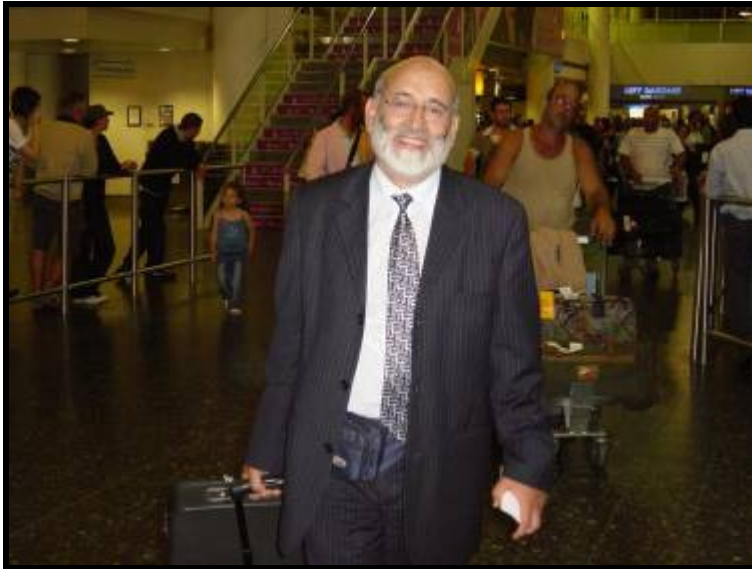
- In a food processor, grind the garlic and nuts. Add the coriander, turmeric and salt.
- Heat the oil and fry the mixture for 2 minutes.
- Stir in the beef and cook until it changes colour. Continue to cook for 2-3 minutes.
- Add the spring onions, celery and coconut milk while stirring.
- Cover and cook on gentle heat for 5 minutes.
- For the omelettes, heat a little oil in a frying pan.
- Season the eggs and use to make four thin omelettes in the usual way.
- When each omelette is almost cooked, spoon a quarter of the filling on top and roll them up. (Keep them warm while making the remaining omelettes.)

To serve, cut the rolled omelettes in half and arrange on a serving dish. Serve garnished with a few salad and celery leaves.

PHOTO GALLERY



Hazrat Ameer at Gatwick Airport before his departure for Spain.
With him is Dr Mujahid Ahmad Saeed



Hazrat Ameer on his return from the conference in Spain

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