



*Name of Allah, the Beneficent, the Merciful*

..... **The HOPE Bulletin** .....

Health, Ongoing Projects, Education



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AAIIL Worldwide Edition

Editor: Akbar Abdullah

CALIFORNIA JAMA'AT PROJECT: APPROVED BY THE CENTRAL ANJUMAN, LAHORE

## **INTRODUCTION**

*Alhamdollillah!* We have a new partner in the Central Anjuman's official website [aaiil.org](http://aaiil.org). Henceforth, articles, news and photographs of interest will be placed on the archive of this site for reference and information of all visitors. According to the webmaster, "not all issues will appear online, as at times there are personal or confidential matters that should not be placed in the public domain." This online archive can be accessed by clicking at the following link: <http://aaiil.org/text/articles/hope/hopebulletin.shtml>

In the ALL ABOUT US segment, we are pleased to publish the life-sketch of Hazrat Syed Asadullah Shah (1870-1957). Shah Sahib was the recipient of abundant revelations. It was he who gave the name "Pasha" to Ameer-i-Qaum, Abdul Karim Saeed. Hazrat Ameer wrote:

"It is worth noting that I was named Abdul Karim by my grandfather and it was Shah Saheb who had added the name Pasha, by which I am widely known to family, friends and *Jamaat* members. He had suggested this name as there was a Turkish saint called Abdul Karim Pasha. He gave me this name with a prayer that someday I would do something for the religion as was done by this Turkish saint."

We are attaching the Photograph segment, which this month features the General Secretary's trip abroad, for your viewing pleasure.

As always, your comments are welcome.

## JAMA 'AT NEWS

### **First place in US Embassy competition**

Amir Aziz, Secretary, AAAIL, took part in an essay competition held by the Embassy of the US in Pakistan on the topic "Main issues/challenges facing Pakistani women in the 21st century." His essay was adjudged the top essay and he won the competition. The article was published in the June issue of Embassy's monthly magazine *Khabr-o-Nazar*:

[[http://islamabad.usembassy.gov/root/pdfs/k-magazine/kn\\_june\\_2009.pdf](http://islamabad.usembassy.gov/root/pdfs/k-magazine/kn_june_2009.pdf)].

Below is a copy of his paper, and copies of the certificate and the letter he received from the Embassy.

**T**he main and most serious challenge to the womenfolk of Pakistan is the erroneous and self-styled interpretation of religious laws. Another major issue is the ill-treatment of women by means of ethnic, tribal or communal customs and traditions in the garb of religion.

An equally significant issue for the Pakistani woman is the denial of identity and personality by men folk. It is essential to recognise women as an institution and as an embodiment of compassion and feelings. Unless the status of the Pakistani woman is not recognised as equal to that of man, she will remain an instrument of joy, or an alien of some faraway planet that is just like a zombie, without any feelings or thoughts.

One more challenge for Pakistani women is the denial of freedom and independence. Women are not allowed to maintain an opinion on any issue, and if there is some freedom to enjoy in having a personal point of view in some cases, no one is ready to pay heed to her. All her problems originate from this lack of freedom of expression. Only this free will can liberate her from all repressions.

Finally, a dilemma that female Pakistanis currently face is the linkage to their male counterpart. The ever-prevailing presence of some male member of the family poses a big challenge for women. Pakistani women also face several other issues, including lack of education, no access to healthcare, social inequality, and the menace of dowry, mental torture, and physical abuse.

The solution to all these problems is directly related to strengthening the democratic, legal, and social institutions, and a vibrant role of the civil society.



Embassy of the United States of America

May 18, 2009

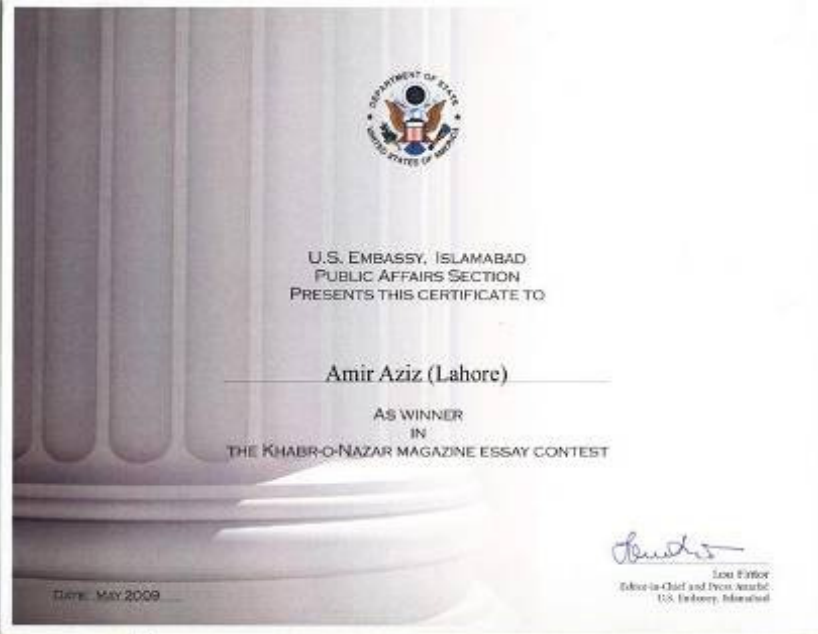
Dear Mr. Amir Aziz:

It is a pleasure to inform you that your article has been selected by the Khabr-o-Nazar Editorial Board for recognition as one of the top essays received. Please accept my sincere congratulations and deep appreciation for both your selection and your participation in this endeavor. Our judges found your essay not only thoughtful but also thought-provoking as well as constructive. It is my hope that you will continue to always constructively express your opinions - they contribute to the marketplace of ideas essential to building a better country and a better world for all of us.

Once again, I congratulate you on earning this distinction. Thank you again for your entry and also for your continued support of Khabr-o-Nazar magazine.

With best wishes,

Lou Finton  
Editor-in-Chief and Press Attaché  
U.S. Embassy Islamabad  
E-mail: [infoisb@state.gov](mailto:infoisb@state.gov)  
Website: <http://islamabad.usembassy.gov>



### **Message from Abid Raza, President, AAII NZ**

BrAbid Raza, after full recovery from his heart surgery, has taken a temporary assignment with another company and he wishes our readers to communicate with him at his new work address. He wrote:

“Just a short email to advise that I have started with below company contracted for three months and would ask you to send all future emails on this address....

Please convey my well wishes to Hazrat Ameer Sahib when communicating next and pray Allah *Subhanatalla* give him good health and strength and assist him with his deliberations. Also pray for the ailing global members for their *shifa*. Look forward to catching up with you soon in the ‘land of the white clouds.’

Best regards, Abid Raza  
Kalgin International Freight Services NZ Ltd  
PO Box 53052 Auckland International Airport  
8 Kingsford Smith Place, Auckland, New Zealand  
TEL: + 64 9 918 7655  
FAX: + 64 9 918 7656  
MOB: + 64 21 901861”

## **PRAYER & HEALTH NEWS**

### **Prayer request for Brigadier Nasir Ahmad Saeed, Calgary, Alberta, Canada**

Hazrat Ameer Dr. Pasha Sahib once again requests *du'a-e-shifa* for his ailing brother, Brigadier Nasir Ahmad Saeed, who resides in Calgary, Canada.

The regimen of the recent therapy completed by Brigadier Nasir Ahmad Saeed fell short of expectation. His physician is planning to try another treatment soon, which was recently approved by the Canadian Drug Control Administration. [The trial result of this new therapy revealed over 60% success.]

With the grace and mercy of Allah, Hazrat Ameer and the family place high hope in this new treatment. However, the prayers of the worldwide *Ahmadiyya Jama'at* are urgently needed to seek Allah's mercy and compassion for complete *shifa* and speedy recovery soon of Brigadier Nasir Ahmad Saeed.

We request the members of our Prayer Circle to raise their hands in fervent prayer to seek Allah's mercy and compassion to render our brother full *shifa* with speedy recovery soon. *Aameen*.

### **Condolence message from Dr. M.S. Sahu Khan, Ba, Fiji**

Dr. Shamsud Dean Sahu Khan, former President of the AAII Fiji *Jama'at*, sent the following condolence message to Amir Aziz, General Secretary, AAII Lahore, Pakistan:

“I have just received the email message from Brother Akbar Abdullah and have learnt with great sadness of the passing away of Brother Tamuir Ahmad, son of Ch. Mansoor Ahmad of Okara.

It is very sad message, but of course, “Surely we are for Allah and to Him we return.” I shall be very grateful indeed if our deepest sympathy be passed to the family and the *Jamaat* and we join you and pray for the departed soul that may Allah bless his soul in the heavens of eternity. May he be amongst those whom Allah has promised that they are successful one.

May Allah help his parents and all family members to bear this great loss with patience and perseverance.

I conduct *Juma* prayers in Ba, Fiji and certainly will be performing *Salat-e-Janaza Ghaibana*.

May Allah give courage and guidance to the family and all affected by the passing away of Brother Tamuir Ahmad.”

### **Message of sympathy from Shaukat A. Ali, Coordinator, Asia-Pacific Region**

In a message to the General Secretary, Br. Shaukat A. Ali wrote:

“We are deeply saddened to learn that Tamuir Ahmad has left this world to meet our Maker. *Inna-lillahe wa inna Ilaihi rajioon*

We pray that Merciful and Compassionate Allah grant the departed soul eternal peace and abode in *Jannat-ul Firdous*.

Please convey our heartfelt sympathy and condolences to the bereaved family and to members of the *Jammat*. May Allah *swt* grant all of them strength, solace and *sabr* to bear this sad loss at this time of great anguish.”

### **Sympathy conveyed by Shahid Aziz, Secretary, AAAIL UK**

I have already sent a message of condolence to the bereaved family through Brother Amir. May Allah keep the family safe.

## **HEALTH INFORMATION**

### **Bedbugs**

#### **What are bedbugs?**

Bedbugs are flat and wingless insects about 0.25 in. (0.64 cm) long. Like mosquitoes, they feed on blood from animals or people. The bugs range in colour from almost white to brown. They turn rusty red after feeding.

The bugs get their name because they like to hide in bedding and mattresses. They usually hide during the day and are active at night when they feed. They can live for 10 months, and they can go weeks without feeding.

Bedbugs do not seem to spread disease to people, but itching from the bites can be so bad that some people will scratch enough to cause breaks in the skin that get infected easily. The bites can also cause an allergic reaction in some people.

### **Where can you find bedbugs?**

Bedbugs are found worldwide, but they are most common in developing countries. In the past, bedbugs were rare in North America and Europe, but they may be on the rise in these areas.

Bedbugs are most often found in hotels, motels, hostels, shelters, and apartment complexes where large numbers of people come and go.

Because bedbugs hide in small crevices, they can come into your house on luggage, furniture, clothing, pillows, boxes, and other objects. The bugs can hide in beds, floors, furniture, wood, and paper trash during the day.

### **How do you know if you have bedbugs?**

The first sign of bedbugs may be red, itchy bites on the skin, usually on the arms or shoulders. Bedbugs tend to leave straight rows of bites, unlike some other insects that leave bites here and there.

Look also for these other signs:

- The bugs themselves, especially along the seams of mattresses.
- Tiny bloodstains on sheets and mattresses.
- Dark spots of insect waste where bedbugs might crawl into hiding places on furniture, walls, and floors.
- A sweet odour from bedbugs' scent glands where bedbugs are found in large numbers.

### **How do you get rid of bedbugs?**

To get rid of bedbugs:

- Remove debris, such as wood and paper trash piles, where these bugs may hide.
- Wash, vacuum, or clean all furniture and bedding. Be sure to vacuum cracks in wood doors or floors where bugs may hide.
- Put small things like jewellery boxes, pillows, and stuffed animals in a dark plastic bag, and leave them outside in the hot sun for two or three days.
- Get rid of mattresses and box springs that have bedbugs. If you cannot throw them out, then cover the mattress and box springs with a plastic mattress bag that traps the bugs.
- Wash clothes and bedding in hot water, and dry them with the hot cycle of the clothes dryer.
- Use a bug spray or other insecticide in cracks in floors or bed frames where you think bugs could hide. Check with a garden or hardware store for the right spray to kill the bugs. Read and carefully follow directions for using any insecticide.

If you cannot get rid of the bedbugs yourself, you can call an insect control company for treatment choices.

When the bugs are gone, be sure to keep your house and bedding clean to prevent the bugs from coming back.

## ALL ABOUT US

### **Life Sketch of Hazrat Syed Asadullah Shah Sahib (1870-1957)**

Based on the account in the compilation *Yad-i-Raftigaan*.

Translated and adapted by Akhtar Masud Chaudary, Secretary, AAIIIL, Hayward, CA, USA



Hazrat Syed Asadullah Shah



With NA Faruqui

[Photographs courtesy Dr Zahid Aziz]



Sketch by Irfan Ali, Hazrat Ameer's brother-in-law,  
done when Irfan Ali was about 18 years old.  
[Courtesy Hazrat Ameer]

Hazrat Syed Asadullah Shah, Allah's mercy be on him, was one of those elects of the Ahmadiyya *Jama'at* who was a recipient of abundant revelations even before he joined the Ahmadiyya Movement. Shah Sahib was born on 13th April 1870 in the village of Tanbu Shah in District Sialkot in a family which was well known in the area for its learning and piety. His family traced their descent from Hazrat Imam Husain (Allah be pleased with him) and his ancestor, Husain, had come to the Punjab with kings of the Ghaznavi Dynasty. Shah Sahib's father, Syed Barkat Ali Shah, was a school teacher and great scholar, and his grandfather, Syed Fazal Shah, was a renowned scholar of his time. It was on account of this family background that Shah Sahib continued his education in spite of unfavourable conditions during his early age.

Syed Asadullah Shah was only seven years old when his father passed away. In spite of this setback, Shah Sahib continued his education. He had read the whole of the Holy Qur'an by the time he was ten years old. He was a brilliant student, so much so that he passed his primary examination (Fourth Grade exam) and Middle School examination (Eighth Grade exam) with distinction and earned Government stipends in both the examinations. He had taken these examinations from Qila Sobha Singh Middle School. Thereafter, he joined Government High School Gurdaspur and took his matriculation (High School) Examination of the Punjab University from this school. He fell sick during the days of the examination but still took the tests in this ill condition. However, in spite of passing the examination and obtaining good marks, he did not score high enough marks to qualify for a Government stipend.

After passing his High School examination, Shah Sahib became a schoolteacher in Narowal. Three years after that he joined the Provincial Revenue Department as a *Qanoon-go* (Junior Revenue Official) in 1907. He was posted to various districts of the Punjab Province during his service with the Revenue Department, and on account of his piety and his honesty and fair dealings he won admirers everywhere he was posted.

Shah Sahib started receiving visions and revelations when he was only fourteen years old. He was keeping prayers since he was seven years old and *Tahajjud* prayers since the time he was ten. Revenue Department employees have a general reputation of being corrupt, but this pious Syed was extremely honest, so much so that when he used to tour his area of duty he used to take his bread or food from his own home and would not accept even food from anyone else.

Syed Asadullah Shah narrated the events of his life relating to his joining the Ahmadiyya *Jama'at* as follows:

“In 1899 when I had already passed my Middle School Examination I met one Chaudhary Nabi Bakhsh who was a Sergeant in the Police and was a resident of Qila Sobha Singh. He gave me a book, *Ainah-i-kamalat-i-Islam*, written by Hazrat Mirza Ghulam Ahmad. This book registered a goodly effect on my mind and heart. In those days I used to offer *Tahajjud* prayers and perform twenty *rakaats* in addition to *Witr*, and in every *rakaat* I used to recite whole of *Sura Yaseen*, and I used to receive visions. After reading this book I entreated Allah in prayers that if Mirza Sahib is truthful in his claims then He may grant me the favour of following him, and if he is not true in his claims then save me from him. As I was praying, I heard a voice saying, ‘*Alaikum bi-Sultan-im Mubeen,*’ that is, ‘Follow My Clear Proof.’ This revelation made me recognize the truth of the claims of Hazrat Mirza Sahib and I wrote him a postcard to enter into his *bai'at*.

I went to Qadian, most probably in May 1900, and entered into the *bai'at* by placing my hand on the hand of Hazrat Sahib. After prayers I used to join in the gatherings of Hazrat Sahib where people used to talk to him, but I did not ask him any questions as all my doubts had been cleared through the above-quoted revelation. Many persons used to accompany Hazrat Sahib in his daily walk, but as the dust used to cause me health problems, I did not join him in his walk. I used to see the elders of the *Jama'at* like Maulvi Nur-ud-Din Sahib and Maulvi Abdul Karim Sahib etc. I stayed for about twenty days or so and returned home thereafter. In March 1908 I was posted as Land Revenue Inspector in Gurdaspur and used to visit Qadian frequently. Maulvi Nur-ud-Din Sahib and Maulvi Muhammad Ali Sahib were very kind to me. Word had spread in Qadian about my being a recipient of revelations and visions and therefore people used to treat me with great respect.

The day when the Promised Messiah passed away I was getting land measurements done in the village of Mahees Dogar, which is about six or seven miles from Qadian. A man said to me: ‘At last, the British have had Mirza killed.’ I took it as a satirical joke and responded by saying: ‘The British have been trying to kill Mirza, and so have you people, but Mirza has kept on going about fearlessly.’ On hearing this he said that he had come from Qadian and seen people burying Mirza Sahib. On hearing this I went to Qadian by horse. It was evening time and people had already taken *bai'at* at the hand of Maulvi Nur-ud-Din Sahib. This was 26th May 1908. I was in a state of great grief and wanted to go to the Promised Messiah’s grave, but due to the uneven condition of dry, grassy land I could not do so during night time.

Then the thought passed through my mind about who will be *Khalifa* after Maulvi Nur-ud-Din and I heard a voice saying: ‘*Basheer-ud-Din Mahmud Ahmad pher au aunde he murtad ho ja'ai ga.*’ That is, ‘Basheer-ud-Din Mahmud Ahmad, then as he will become *Khalifa* he will become apostate.’ Then I asked who will come after him, and a long melodious voice came: ‘Sadiq’ (Truthful). I did not consider it appropriate to take *bai'at* at the hand of Maulvi Nur-ud-Din Sahib. On the death of Maulvi Nur-ud-Din Sahib I kept quiet. I respect Mirza Mahmud Ahmad Sahib only for the reason that he is a son of my religious mentor, that is, the Promised Messiah, otherwise his beliefs are whatever they are. When I focussed on the state of Maulana Muhammad Ali Sahib then I heard a voice saying: ‘*Fihi ayat-un lil-momineen*’ (In him are signs for the believers).

Towards the end of 1904, when I was under training in the Revenue Department in Pindi Ghep, District Campbellpur [now Attock], I met Dr. Basharat Ahmad. Until 1907 I spent most of my time

in his company. In September 1907 I was transferred to Bhera and Doctor Sahib too was posted in Bhera and that company with him continued and our love and friendship continued till the end.”

After the independence of Pakistan in 1947, Shah Sahib was residing in Qila Gujjar Singh. When the Kashmir War of 1948 began, Shah Sahib went to Kashmir and was praying for the independence of Kashmir from India when he heard a voice saying: “*Kashmir fatah kar li.*” That is, Kashmir has been captured, which shows that the Kashmir issue will be settled through victory in war.

Shah Sahib was praying and seeking information as to who will be the *Mujaddid* of the next century when he received the revelation: “*Ni‘mat-ullah Lakhnvi.*” [This could be his title, and *Lakhnvi* may stand for hundreds of thousands of followers.—*Translator*]

Syed Asadullah Shah used to spend his summers in Abbottabad with Dr. Saeed Ahmad Khan (later *Ameer* of the *Jama‘at*) who requested Shah Sahib to write down some of the revelations he received then. Dr Saeed Ahmad had a record of those revelations with him. [Dr Saeed Ahmad mentioned some of them to me.—*Translator*]

[*Note by Zahid Aziz:* Sometime during the 1990s, Dr Saeed Ahmad showed me the book he had containing the revelations of the Shah sahib written in his own hand. As I glanced through it, I came across an entry saying: “I prayed about Dr Saeed Ahmad and Nasir Ahmad Faruqi and received the revelation: They have changed the course of the history of Islam.” I read it out to Dr Saeed Ahmad, and tears came in his eyes.]

Shah Sahib was a very pious and pleasant person to speak to. I (Masud) was residing in Muslim Town in 1949 and used to go for *Asr* and *Maghrib* prayers to the Muslim Town Ahmadiyya mosque where Hazrat Maulana Muhammad Ali, Maulana Abdul Haque Vidyarthi, and occasionally Hazrat Shah Sahib used to offer prayers. At times after *Asr* prayers these elders would go for a walk by the Canal bank up to the Jail Road bank and Abdus Salam, now Dr. Abdus Salam Sheikh, son of Vidyarthi Sahib, and I would walk behind them enjoying their pleasant discourses and at times their decent jokes too. Memories of those days are a valuable treasure.

Again, in 1954-55 I was residing in Muslim Town. Shah Sahib used to stay there with Colonel Bashir Husain Syed for a few months in winter. He had a habit of knocking at my door in the morning and at *Maghrib* and *Isha* prayer times when he was going to the mosque. After knocking on the door he would say: “Syed sahib, come on, let us go for prayers.” One day I asked him why he was calling me “Syed sahib.” He said: “Since your mother was from a *Syed* family, therefore, you are a *Syed*.” Then he continued by saying: “*Syeds* trace their descent from Hazrat Fatima while Ali’s sons from other wives are not considered *Syeds*. Therefore, one whose mother is a *Syed* should be called *Syed*.”

He had a jovial style and he did not consider himself superior to others. He would at times give respectable jokes. Once I was walking with him on Regal Crossing at the Mall in Lahore to Qila Gujjar Singh via Beadon Road. Syed Mahmud-ul-Hasan Shah of Ludhiana, a homeopath practitioner of good repute and also a *pir*, was standing at the door of his clinic with a *tasbeeh* (chain of beads) in his hands. After exchanging greetings Shah Sahib said to me: “Do you know him? He is another thing.” On hearing this, the doctor said, “Shah Sahib, whatever you may call me, I am your disciple.”

People used to request him to pray for the fulfilment of some matter or other and Shah Sahib used to promise to pray for them. Once I asked him: “Shah Sahib, you promise everyone to pray for him or her. How are you sure that Allah will grant your prayer?” He replied: “Do you have someone who really is

your fast friend? If you ask such a friend for a favour, and if he can do that he will do it and if he cannot do it he will tell you he cannot do it. Such is the case between Allah and those who befriend Him. When they go to Him with a request, if it is worth granting He grants it and if it is not worth granting He tells them He will not grant it. When people ask me for prayers for their objectives, I only promise to pray. I never say that it will be done. If the prayer is granted I tell them, and if it is not granted then I tell them that it will not be done.” At times Shah Sahib would jokingly tell the person requesting prayers: “Get me some sweets. How do you expect a dry throat uttering prayers for you?”

Once during the month of Ramadan I saw that Shah Sahib was not joining in *Taraweeh* prayers. He would sit in the mosque till I finished *Taraweeh* prayers. I asked him: “Shah Sahib, are you exempt from *Taraweeh* prayers?” He replied in the same joking way: “*Taraweeh* prayers have neither been ordained by Allah nor by the Messenger of Allah, as these have been ordained by Umar, Allah be pleased with him, for people like you who cannot keep the *Tahajjud* prayers ordained by Allah and practised by the Messenger of Allah, peace be upon him.”

Due to old age Shah Sahib was not keeping well. On 22nd January 1957, his condition suddenly took a serious turn and uneasiness increased. About two to three weeks before he had been saying that his time was drawing near. Often he would ask what day and date it was. On Thursday February 14, 1957, at about ten o’clock in the morning, he suddenly started to cough. This was relieved somewhat through medication. He offered *Asr* prayers and kept talking to people around his bed. As time passed, the weakness increased and he breathed his last at two minutes past seven in the evening. *Inna li-llah wa inna ilai-hi rajioon.*

His *janaza* prayer was offered in the Central Mosque, Ahmadiyya Buildings, Lahore, and he was laid to rest in the Ahmadiyya section of the Miani Sahib Graveyard in Lahore. May Allah rest his soul in eternal peace and bliss, *Ameen.*

Shah Sahib had four sons, two of whom had passed away during his lifetime, and he was survived by the remaining two sons, one of whom was employed in the postal service while the other, with children, was looking after their land in the village.

## **PUBLICATION**

### **Web link to *HOPE Bulletin* on Central Anjuman’s official website**

The Anjuman’s Webmaster will place online, at <http://aaail.org/text/articles/hope/hopebulletin.shtml>, some selected issues of *The HOPE Bulletin* and some articles and special photographic supplements which do not carry any sensitive or confidential matters of our worldwide *Jama’at*.

### **Rebuts on *Muhammad in World Scripture***



Shahid Aziz, Secretary, AAAIL UK, sent us the following link in which a Hindu, S. Prasadh, refutes the claim that the advent of Prophet Muhammad (*saws*) is not cited in any Hindu Scriptures. Read the full argument at <http://www.islam-watch.org/SPrasadh/ZNaikRebutted.htm>.

### **Publication by the Central Anjuman**

Arshad Alvi of Lahore, Pakistan drew our attention to the title page of a new book published by the Central Anjuman, Lahore, Pakistan. This book is also available online.

**DENIAL OF PROPHET HOOD**  
by  
**MIRZA GHULAM AHMED**

حضرت میرزا غلام احمد صاحب کا دعوی نبوت سے انکار

حضرت میرزا غلام احمد صاحب کی تصنیفات اور خطوط سے 257 حوالہ جات  
جس سے ثابت ہوتا ہے کہ انہوں نے نبوت کا دعویٰ نہیں کیا۔

257 References from the Books/Letters/etc. of  
Hazrat Mirza Ghulam Ahmad Sahib  
of Qadian that Prove that he did not Lay Claim to  
Prophethood!!!

احمدیہ انجمن لاہور  
[www.aaiil.org](http://www.aaiil.org)

**احمدیہ انجمن لاہور کی خصوصیات**

- آنحضرت ﷺ کے بعد کوئی نبی نہیں آئے گا نہ نیا نہ پرانا۔
- کوئی کلمہ گو کا فر نہیں۔
- قرآن کریم کی کوئی آیت بھی منسوخ نہیں نہ آئندہ ہوگی۔
- سب صحابہ اور آئمہ قابل احترام ہیں۔
- سب مجددوں کا ماننا ضروری ہے۔

میرزا غلام احمد صاحب کی تصنیفات سے

حضرت میرزا غلام احمد صاحب کا دعوی نبوت سے انکار

257 حوالہ جات

## LESSON OF THE DAY

(Courtesy Br. Shabir Baksh; Secretary AAIIL, NZ)

When I was a little girl, my mom liked to make breakfast food for dinner every now and then. I remember one night in particular when she had made breakfast after a long, hard day at work. On that evening so long ago, my mom placed a plate of eggs, sausage, and extremely burned toast in front of my dad. I remember waiting to see if anyone noticed! Yet all my dad did was reach for his toast, smile at my mom, and ask me how my day was at school. I don't remember what I told him that night, but I do remember watching him smear butter and jelly on that toast and eat every bite!

When I got up from the table that evening, I remember hearing my mom apologize to my dad for burning the toast. And I'll never forget what he said: "Baby, I love burned toast."

Later that night, I went to kiss Daddy goodnight and I asked him if he really liked his toast burned. He wrapped me in his arms and said, "Debbie, your momma put in a hard day at work today and she's real tired. And besides, a little burnt toast never hurt anyone!"

You know, life is full of imperfect things ... and imperfect people. I'm not the best housekeeper or cook. What I've learned over the years is that learning to accept one another's faults—and choosing to celebrate one another's differences—is one of the most important keys to creating a healthy, growing, and lasting relationship.

Don't put the key to your happiness in someone else's pocket but into your own.

## WHAT OUR READERS SAY

### **Encouragement from Arshad Alvi, Lahore, Pakistan**

It was a very beautiful lecture with pictures [referring to Hazrat Ameer's participation in the Oxford, UK meeting] you have published in the *HOPE* magazine. Congratulations.

### **Acknowledgement from Nasir Ahmad, United Kingdom**

Thanks for the *HOPE Bulletin* and also for putting the news about the special issue of the *Message*.

It seems Captain Salam Sahib is again on his pen-drive and has started translation work. May Allah bless him and keep him in health. With thanks and prayers.

## HOPE MEMBER SERVICE

### **Recipe of the Month**

#### ***Kofta***

#### **Ingredients**

- 1 lb. lean ground beef (less than 10% fat).
- 2 medium onions, finely chopped.
- 3 Tablespoons flour.
- 1 cup oil for frying.
- 5 eggs.
- ½ cup parsley, finely chopped.
- 2 Tablespoons rice.
- 1 teaspoon salt.
- ½ teaspoon black pepper.
- Allspice (optional)

#### **Method of Preparation**

- Sauté the onions and 2/3 of the ground beef in 1 tablespoon of oil for five minutes.
- Boil the rice in one cup water until very soft; drain.
- Remove the ground beef from heat and pour into a mixing bowl.
- Add the remaining ground beef, cooked rice, parsley, salt, pepper, and three eggs.
- Mix with your hands and knead the ingredients well.
- Moistening your hands with a bit of water, take egg-sized pieces of the *kufta* mixture and form into 1-1/2 inch meatballs.
- Preheat oil over medium heat in a large, heavy bottom frying pan.
- Place the flour on a plate and dredge the *kufta* in flour.
- Beat remaining two eggs and roll the flour-covered *kufta* in the egg mixture.
- Fry the meatballs about six minutes, until they are golden brown on all sides.
- Remove to a plate lined with paper towels.

Serve with rice, French fries, and green salad.

## CONTACT

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